reduce the incidence or severity of a chronic immune mediated disorder, said kit comprising one or more containers, each container holding one or more pharmaceutically acceptable doses of one or more immunogens, said kit further comprising labeling indicating that the kit can be used to reduce the incidence or severity of a chronic immune-mediated disorder in a mammal, and instructions for the prophylactic or therapeutic use of said immunogens to reduce the incidence or severity of a chronic immune-mediated disorder in a mammal to which one or more doses of said immunogens are administered according to an immunization schedule set forth in said instructions, said immunogens, when so administered, acting to substantially reduce the incidence or severity of said chronic immune-mediated disorder, wherein said schedule, according to said instructions, calls for the first dose of an immunogen to be given before 42 days after birth.

- 39. The kit of claim 38, at least one of said immunogens also acting to substantially reduce the incidence or severity of an infectious disease to which said mammal is susceptible.
- 40. The kit of claim 38 wherein said instructions state that the kit is to used to reduce the incidence or severity of diabetes or systemic lupus erythrematosis.
- A method of reducing the incidence or severity of a chronic immune-mediated disorder in a mammal which comprises administering to said mammal one or more immunogens, according to an immunization schedule by virtue of which the mammal receives, at specific times after one birth, pharmaceutically acceptable doses of said immunogens, \*said administrations resulting in an immune response in said mammal which substantially reduces the incidence or severity of at least one chronic immune-mediated disorder in the mammal, the first dose of said immunization schedule being administered when the mammal is less than 42 days old, measured from birth,